



PRESBYTERY of  
**SAN FRANCISCO**



*A Workshop with*

## **REV. RUTH T. WEST**

### **Building Affinity Circles: Supporting the Inner Work of Dismantling Systemic Racism**

*Affinity Circles* are small group conversations in a contemplative listening setting that supports vulnerable storytelling, narrative introspection and savoring self-truths. This pilot series is a continuation of the work of resiliency-building and spiritual practices. We will explore and be curious together about our ongoing need for self-awareness and self-identity expression, spiritual renewal, truth-telling and truth-bearing, and expanding our comfort zones in our conversations and encounters about race.

#### **When:**

Saturday, May 28 and/or  
Saturday June 11

10:00 am - 12:00 pm PDT

*(you can choose to participate in one or both sessions)*

**Click [HERE](#) to register**

NOTE: Space is limited

Rev. Ruth T. West is an ordained PC(USA) Minister of the Word & Sacrament and Spiritual Director/Activist. In addition to a Masters of Divinity (MDiv), Ruth holds an MBA, Diploma in the Art of Spiritual Direction and a Certificate in Trauma & Spiritual Care. She is currently Assistant Dean of the Graduate School of Theology at SFTS (University of Redlands) and is herself at the dissertation stage of her doctoral education. Ruth is also a contributing author for the spiritual direction textbook, *Kaleidoscope: Broadening the Palette in the Art of Spiritual Direction* (chapter 2).